

# RENAISSANCE CHILD DEVELOPMENT CENTER

1603 North Cass Street  
Milwaukee Wisconsin 53202  
414-276-1133

## NUTRITION POLICY

Breakfast, lunch and afternoon snack for all children able to eat table foods, will be provided by a qualified food program. All parents must provide a signed income statement for Renaissance to be eligible for this food program.

For all infants and children unable to eat table food, food must be provided by the parents. Children 6 months and younger must be given an iron fortified baby formula or breast milk. The baby formula must either be mixed at home or, if mixed at the center by the staff, the staff will mix according to the formula's label directions. Children 6 to 12 months must be given iron-fortified formula (mixed at home or, if mixed at the center, staff will mix according to the formula's label directions), breast milk or Grade-A pasteurized vitamin D whole milk. Renaissance will provide cereal and crackers for snacks.

School age children will be offered a snack when they arrive after school.

Snacks are a variety of nutritious foods. They reflect cultural heritages. Monthly snack menus are located on parent boards near each classroom. Changes will be written on the menu.

Children are served family style at tables the appropriate height for the size and age of the child. Staff sit with the children and ensure each child receive enough food. They model and enforce good manners.

Food is never withheld from a child or used as reinforcement. Children all have the same choices unless in the case of food allergy, or cultural specification. We do not offer specialty menus, but we will substitute where we are able. In some instances, parents may need to provide special foods. Parents are responsible for making staff aware of their children's allergies. All allergies will be posted in the classroom and all staff and volunteers will be made aware of the allergies.

Breakfast is served at approximately 8:30 am  
Lunch is served at approximately 11:30 a.m.

Afternoon snack is served at approximately 2:30 pm

The milk served meets Grade-A milk standards of the Wisconsin Department of Agriculture, Trade, and Consumer Protection. All juice is pasteurized and 100% juice.

Drinking water is offered and available to all toddlers, pre-school and school age children throughout the day. Children and caregivers wash their hands before and after meals. Caregivers wear disposable gloves when preparing or serving food.

For children under 24 months, information about eating habits, feeding schedules, special diets and likes and dislikes of foods are exchanged at the initial interview between parent and caregiver and updated at reasonable intervals. These children eat on their own feeding schedule. Children are encouraged to feed themselves and food is served and cut appropriately for the developmental levels of the children.

If parents provide a snack for their child, it must be a nutritious snack. Any non-nutritious snack will not be given to the child and will be returned to the parent at the end of the day.